Week Commencing: 4th Sept, 18th Sept, 2nd Oct, 16th Oct, 6th Nov, 20th Nov, 4th Dec 18th Dec, 8th Jan, 22nd Jan, 5th Feb, 19th Feb, 4th Mar, 18th Mar

### Week 1

academy trust

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Pasta bolognaise (2)	Sausages (2,13) served	Chicken curry	Sliced roast beef in	Fish Friday (2,5,9)
	served with garlic bread	with mashed potato	(7,9,13,14) served with	gravy, served with	served with chips (13),
	(2,4,7,13,) and seasonal	(2,4,14) seasonal	rice and garlic naan	Yorkshire pudding	peas or beans and
	vegetables	vegetables and gravy	bread (2,4,7,13)	(2,4,7), roast potatoes	bread (2) and butter
				(14), carrots, broccoli	
				and gravy	
OPTION 2	Tomato pasta (2) served	Vegetarian sausages (2)	Vegetable curry	Quorn Fillet (4) with	Homemade Hull Pattie
(vegetarian)	with garlic bread	served with mashed	(7,9,13,14) served with	Yorkshire pudding	(2,7,9,13,14) served
,	(2,4,7,13,) and seasonal	potato (2,4,14),	rice and garlic naan	(2,4,7), roast potatoes	with chips, peas or
	vegetables	seasonal vegetables	bread (2,4,7,13)	(14), carrots, broccoli	beans and bread (2) and
		and gravy		and gravy	butter
OPTION 3	Jacket Potato served with	Jacket Potato served	Jacket Potato served	Jacket Potato served	Jacket Potato served
	a choice of beans, cheese	with a choice of beans,	with a choice of beans,	with a choice of beans,	with a choice of beans,
	(7) or tuna mayo (4,5,7,9)	cheese (7) or tuna mayo	cheese (7) or tuna mayo	cheese (7) or tuna	cheese (7) or tuna mayo
	and a side salad	(4,5,7,9) and a side	(4,5,7,9) and a side	mayo (4,5,7,9) and a	(4,5,7,9) and a side
		salad	salad	side salad	salad
	Sandwich (2,12): Ham,	Sandwich (2,12): Ham,	Sandwich (2,12): Ham,	Sandwich (2,12): Ham,	
	cheese (7) or tuna mayo	cheese (7) or tuna mayo	cheese (7) or tuna mayo	cheese (7) or tuna	Sandwich (2,12): Ham,
	(4,5,7,9) served with	(4,5,7,9) served with	(4,5,7,9) served with	mayo (4,5,7,9) served	cheese (7) or tuna mayo
	crisps & vegetable sticks	crisps & vegetable sticks	crisps & vegetable sticks	with crisps & vegetable	(4,5,7,9) served with
				sticks	crisps & vegetable sticks
DESSERT	Treacle sponge (2,4,7,13)	Oaty biscuits (2)	Strawberry ripple	Chocolate chip muffins	School treats
	served with custard		sponge (2,4,7,13)	(2,4,7,13)	(2,4,7,13,14)
	(2,4,7,13)		served with custard		
	1		(2,4,7,13)		
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\*\*Allergen free options on the above menu are also available \*Fresh bread (2,4,7,13), water, juice (14), milk (7), jelly, yoghurts (7), cheese (7) and crackers (2) and fresh fruit is available daily



























Sesame seeds



<sup>\*</sup>Allergen numbers in red = Contains Allergen numbers in orange = May contain

# Week Commencing: 11th Sept, 25th Sept, 9th Oct, 23rd Oct, 13th Nov, 27th Nov, 11th Dec, 15th Jan, 29th Jan, 12th Feb, 26th Feb



## Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese & tomato pizza	Cottage pie (2,7,14)	All day breakfast:	Roast chicken dinner,	Fish Friday (2,5,9)
	(2,4,7,13) served with	served with Yorkshire	Sausage (2,13) bacon,	served with stuffing	served with chips (13),
	potato wedges (2) and	pudding $(2,4,7)$ ,	hash brown (2,7,14),	(2), roast potatoes	peas or beans and
	seasonal vegetables	seasonal vegetables	beans and ½ slice of	(14), carrots, broccoli	bread (2) and butter
		and gravy	toast (2)	and gravy	
OPTION 2	Cheese & tomato pizza	Quom Cottage pie	All day breakfast:	Quorn Fillet (4) with	Homemade cheese &
(vegetarian)	(2,4,7,13) served with	(2,4,7,14) served with	Vegetarian sausage (2),	stuffing (2), roast	onion pasty (2,7,13,14)
	potato wedges (2) and	Yorkshire pudding	hash brown (2,7,14),	potatoes (14), carrots,	served with chips (13),
	seasonal vegetables	(2,4,7), seasonal	beans and 1/2 slice of	broccoli and gravy	peas or beans and
		vegetables and gravy	toast (2)		bread (2) and butter
OPTION 3	Jacket Potato served with	Jacket Potato served	Jacket Potato served	Jacket Potato served	Jacket Potato served
	a choice of beans, cheese	with a choice of beans,	with a choice of beans,	with a choice of beans,	with a choice of beans,
	(7) or tuna mayo (4,5,7,9)	cheese (7) or tuna mayo	cheese (7) or tuna mayo	cheese (7) or tuna	cheese (7) or tuna mayo
	and a side salad	(4,5,7,9) and a side	(4,5,7,9) and a side	mayo (4,5,7,9) and a	(4,5,7,9) and a side
		salad	salad	side salad	salad
	Sandwich (2,12): Ham,	Sandwich (2,12): Ham,	Sandwich (2,12): Ham,	Sandwich (2,12): Ham,	Sandwich (2,12): Ham,
	cheese (7) or tuna mayo	cheese (7) or tuna mayo	cheese (7) or tuna mayo	cheese (7) or tuna	cheese (7) or tuna mayo
	(4,5,7,9) served with	(4,5,7,9) served with	(4,5,7,9) served with	mayo (4,5,7,9) served	(4,5,7,9) served with
	crisps & vegetable sticks	crisps & vegetable sticks	crisps & vegetable sticks	with crisps & vegetable	crisps & vegetable sticks
DESSERT	Shortcake (2,4) served	Chocolate orange iced	Flapjack (2) served with	Sponge (2,4,7,13)	School treats
	with custard (2,4,7,13)	sponge (2,4,7,13)	custard	served with custard	(2,4,7,13,14)
				(2,4,7,10) 00	

\*Fresh bread (2,4,7,13), water, juice (14), milk (7), jelly, yoghurts (7), cheese (7) and crackers (2) and fresh fruit is available daily
\*\*Allergen free options on the above menu are also available



Mustard

Peanuts

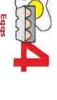
Sesame seeds











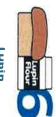
















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\*Allergen numbers in red = Contains Allergen numbers in orange = May contain