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Y1 Timetable Week A	Morning routine	9.00-9.30 Morning workout	9.30-10.15 Phonics and Reading	Break 10.15-10.30	10.30-11.30 Literacy	Lunch	12.30-1.30 Maths	Break 1.30-1.45	1.45-2.00 Reading	2.00 -3.00 Topic/science
Day 1	Get up	Jo Wickes workouts 	Dragon's Den spelling 		The Magic Paintbrush - listen 		Counting sets within 10 			Music - understanding pulse 
Day 2	Eat some breakfast.	Cosmic Kids Yoga 	Buried Treasure spelling 		To tell a story from memory 		Representing numbers within 10 			Science – senses poem 
Day 3	Get washed and brush your teeth.	Jo Wickes workouts 	Lesson 1 – ay (play) 		To explore the main moods in a story 		Recognising number bonds to five and six 			History – bonfire night 
Day 4	Get dressed.	10 minute shake up games 	Lesson 2 – a-e (made) 		To use the past tense (ed) 		Recognising number bonds to seven and eight 			History – Guy Fawkes 
Day 5	Ready to learn!	Jo Wickes workouts 	Lesson 3 – ea (bead) 		To make inferences 		Recognising numbers bonds to nine and ten 			Art – leaf bugs 