

Wheeler Primary School

Issued – Tuesday 15th September 2020



What if

Dear parents/carers,

This sheet aims to answer some of the questions you may have around what to do if you, your child or anyone in your household has Covid-19 symptoms or if someone in your household has had a confirmed positive test.

This information states the **most common symptoms** to look out for in your children and is taken directly from the latest information published by the NHS.

If your child has:

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)

or

- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

or

- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal **then further action is needed.**

Please use the table to see what action to take

| What to do if: | Action to be taken: | Your child can return to school when: |
|--|---|--|
|my child has coronavirus symptoms | <ul style="list-style-type: none"> • Do NOT come to school • Contact the school daily • Self isolate • Get a test as soon as possible • Inform school of the outcome immediately |the test comes back negative. |
|my child tests positive for coronavirus | <ul style="list-style-type: none"> • Do NOT come to school • Inform the school immediately about the result • Self isolate for at least 10 days • Keep in contact with the school daily. |when they feel better after their 10 day isolation. They can return to school after 10 days even if they have a cough or loss of smell/ taste. As these symptoms can last for several weeks once the infection has gone. |

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| <p>.....somebody in my household has coronavirus symptoms</p> | <ul style="list-style-type: none"> ● Do NOT come to school ● Contact the school daily ● Self isolate ● Household member to get tested as soon as possible ● Inform school of the outcome immediately | <p>....the household member tests negative.</p> |
| <p>.....somebody in my household tests positive.</p> | <ul style="list-style-type: none"> ● Do NOT come to school ● Contact the school daily ● Self isolate for 14 days | <p>....the child has completed 14 days of self isolation.</p> |
| <p>..... NHS test and trace have identified my child as a “close contact” of somebody with symptoms or confirmed coronavirus .</p> | <ul style="list-style-type: none"> ● Do NOT come to school ● Contact the school daily ● Self isolate for 14 days | <p>....the child has completed 14 days of self isolation</p> |
| <p>....my child has travelled and has to self isolate as part of a period of quarantine</p> | <ul style="list-style-type: none"> ● Do NOT take unauthorised leave during term time ● Consider quarantine requirements and FCO advice when booking travel ● Provide information to school as per the attendance policy <p><u>Returning from a destination where quarantine is needed:</u></p> <ul style="list-style-type: none"> ● Do NOT come to school ● Inform school of return date ● Contact school daily ● Self isolate for 14 days from day of return | <p>...the quarantine period of 14 days self isolation has been completed.</p> |
| <p>...we have received medical advice that my child should resume shielding.</p> <p>(Shielding was paused for all individuals on the 1st August, should cases rise on a local/ national level and a local lockdown be enforced, you will be contacted to alert you, that your child should resume shielding)</p> | <ul style="list-style-type: none"> ● Do NOT come to school ● Contact the school office ● Shield until you are informed that restrictions are lifted and shielding is paused again. | <p>....government guidance lifts restrictions and shielding is paused, your child can return to school</p> |

If guidance changes we will update you- many thanks for your continued support- Mrs C Mudd